Paisley and District u3a Press Release:
No Embargo: Tuesday 29 September 2026

Roman campaigns in Scotland kicks off u3a session

People who love Scottish history and Roman archaeology are in for a free treat. Author and principal engineer, Brian Young will share what made the Romans march north to Scotland in three different campaigns. He's the guest speaker at Paisley and District u3a's monthly meeting on Thursday 8 October.

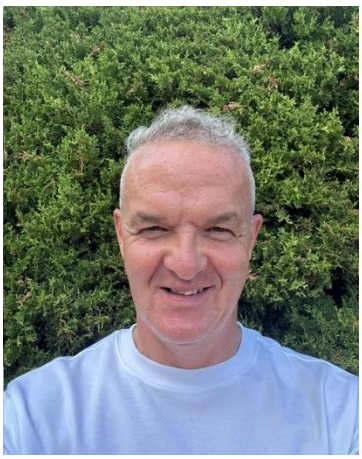


Photo credit: Brian Young

u3a chair, Kathy O'Donnell remarked: "Given that Scotland is over 2,000 miles from the centre of Rome, there had to be a pressing reason to send legions of troops so far. We are keen to learn if the Romans ever conquered the tribes here? Brian will explore the historical events which led to these three campaigns."

Brian Young has a special interest in the Roman period and recently wrote his second book which is about Hadrian's Wall. Commenting on what led to these Scottish campaigns he said: "It's a fascinating talk about why and how the Romans achieved their goal to rule the known world."

Kathy O'Donnell added: "We are very excited about this new session. u3as are sociable, self-learning communities run entirely by volunteers. It's a great way to keep our brains active. Anyone not in full time work can join. Our current members will be able to renew their annual fees on 8 October. Plus, there's a special warm welcome to any individuals signing up to try new things with our u3a. Refreshments will be available from 1.30pm until the meeting begins at 2pm."

Check out our u3a groups/activities and how to join at: https://paisleydistrict.u3asite.uk/

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Notes to Editors

1. **Brian Young** is the guest speaker at Paisley and District u3a's monthly meeting on Thursday 8 October 2026 at 2pm in the Salvation Army Hall, Paisley, PA1 1ND. For more details or to interview Brian Young, please contact PR Advisor, Allana Parker on **M: 07483 820027**

2. Brian Young is a principal engineer who works with AI and digital medical solutions for medical testing in biochemistry and pathology labs. He also has a deep love of history, especially of Alexander the Great and the Roman period. His first published book was about the missing 9th legion and his second and recent work is about Hadrian's Wall.

3. Paisley and District u3a is Scotland's 50th self-help learning organisation for people who no longer work full time. u3as are run by local volunteers who freely share their knowledge and skills. Members are part of a UK-wide and international educational movement. The u3a motto is *Learn, laugh, live.* Scotland has around 14,000 members in 53 u3as who enjoy the social side of new activities, interests and hobbies: https://scotland.u3asite.uk/ Details about this nationwide peer-learning for fun movement, with more than 1,000 u3as across the UK, can be found at: https://www.u3a.org.uk/